

# DECEMBER



Run Club



Running Event



Super session



Running program begins

**2 Dec:** Christmas Party - Greenwood Hotel from 4:00pm. ALL WELCOME

**9 Dec:** Beginner Graduation! 6:45am Meadowbank Wharf

**12 Dec:** Training & Trivia! 6pm @ Pottery Green/ 7pm @ The Longy

**17 Dec:** SUPERSESSION Glenbrook

**20 Dec:** Boxing & beers 6pm @ North Sydney Oval/ 7pm @ North Sydney Hotel

**21 Dec:** Christmas Lights run, 6:30pm Lane Cove Plaza

**25 Dec:** Christmas Parkrun Willoughby

**25-26 Dec:** Closed

**29 Dec:** SUPERSESSION Spit to Manly

MON	TUE	WED	THU	FRI	SAT	SUN
				1	2 <i>Christmas PARTY</i> Kirribilli	3
4 <i>Summer</i> Timetable commences	5	6	7	8	9 Meadowbank	10
11	12 <i>TRIVIA</i>	13	14	15	16 Waverton	17 <i>SUPER!</i> Glenbrook
18	19	20 <i>TRIVIA</i>	21	22	23 Hunters Hill	24
25 Parkrun	26 <i>Boxing Day</i> Public Holiday	27	28	29 <i>SUPER!</i> Spit to Manly	30 Willoughby	31 <i>HAPPY NEW YEAR</i>